



# HELPING ALL THRIVE THROUGH ACCESS TO HEALTH CARE

OCTOBER 2025 EDITION



**UNITED WAY**  
Capital Region

**HEALTHY  
COMMUNITY**



## Issue

Lack of access to health care to include insurance coverage, vision, dental, behavioral health services, and a primary medical home.



## Solution

United Way of the Capital Region's Access to Health Care program helps people navigate the health care system by removing barriers to care.



## Results

**968 individuals**  
now have insurance.

**2,412 individuals**  
now have a primary  
medical home.



## Helping People Overcome Barriers to Care



Helping people overcome barriers to care is essential to helping them make preventative care part of their lifestyle.

We connect individuals to:

- Free clinics
- Language support
- Vision care
- Behavioral health
- Dental care
- Transportation assistance
- Food banks
- 211 information and referrals

## PROGRAM OUTPUTS

**4,385 individuals**  
referred to support organizations.

**489 individuals**  
received vouchers for  
free vision care.

**550 individuals**  
received vouchers for  
free dental care.



**UNITED WAY**  
Capital Region

**HEALTHY  
COMMUNITY**

Through our work with community partners,  
we hope to help our friends and neighbors stay healthy, and  
ultimately bring down the cost of health care in the Capital Region.



## CORE SOLUTION PARTNERS AND ROLES

### Backbone Organization and Funding Source



#### Lead Service Provider

- Hamilton Health Center, Inc., employs five community health workers, supported by United Way.

#### Community Health Workers Supported by United Way at:

- Penn State Health
- Pennsylvania Psychiatric Institute, a Penn State Health Enterprise
- Sadler Health Center

#### Service Providers Receiving Funding from United Way

- Beacon Clinic for Health and Hope
- Community Check-Up Center of South Harrisburg, Inc.
- The Health Ministries of Christ Lutheran Church's Dental Clinic
- Hope Within Ministries
- Joshi Health Foundation
- Penn State Health Holy Spirit Medical Outreach at Christ Lutheran Church
- Sadler Health Center
- UPMC Kline Health Center
- Vision Resources of Central Pennsylvania

### Primary Funder (through United Way of the Capital Region)



#### Support Service Providers Receiving Funding from United Way

- Center for Community Building – Transportation
- CONTACT Helpline, Inc. – 211 Information and Referral Services
- CyraCom – Interpretation Services
- Hope Within Ministries – Dental Services
- Rabbit Transit – Transportation
- UPMC Kline Dental Clinic – Dental Services

#### Subject Experts

- Alder Health Services
- AmeriHealth Caritas
- Capital Area Head Start
- Capital Blue Cross
- Catholic Charities of Harrisburg
- Central Pennsylvania Food Bank
- Dauphin County Human Services
- The Foundation for Enhancing Communities
- Health Partners Plans
- Highmark Blue Shield
- Highmark Wholecare
- Partnership for Better Health
- Pennsylvania Psychiatric Institute
- Penn State Health
- UPMC Central PA
- UPMC for You

## DEMOGRAPHIC INFORMATION

#### Language of participants:

- 55% speak Spanish
- 24% speak English
- 17% speak other languages
- 3% speak Arabic
- 1% speak French

#### Race of participants:

- 58% identify as Multiracial
- 17% identify as White
- 13% identify as Black/African American
- 9% prefer not to say
- 3% identify as Asian

#### Ethnicity of participants:

- 56% identify as Hispanic/Latino
- 28% identify as not Hispanic/Latino
- 16% prefer not to say