



# Meet Anna

**CONTACT<sup>to</sup> CARE**  
Your Health Care Connection

**Grandmother finds a pathway to good health to help care for her family.**

Anna moved to Harrisburg more than a year ago to help care for her grandchildren as her daughter, Anneris, dedicated more time to her growing career. Anna was facing the high cost of prescriptions to help her manage ongoing medical issues and struggled with a language barrier as Spanish is her first language.

Anna was connected to United Way of the Capital Region's **Contact to Care** initiative which helps people navigate the health care system and find a primary medical home. Through the

program, Anna visited the Joshi Health Clinic and met Dr. Joshi who helped Anna find more affordable prescriptions.

Through the process, Anneris provided interpretation support to ensure Anna and Dr. Joshi were comfortable with their communications. As a result, Anna is doing great and able to be the best grandmother she can be to her grandchildren.

United Way understands language can be a barrier for many people to access health care, that's why

we provide interpretation services at clinics like Joshi Health Clinic and have a staff of bilingual community health workers to put families at ease.

***"Thank you so much for the program. Having someone that understands our needs and is following up on my mom's needs - this helps people like us, people who are working and need help to see a doctor."***

**- Anneris**

**For more information, contact United Way of the Capital Region at 717.732.0700 or visit [uwcr.org](http://uwcr.org).**

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the Capital Region

