



# Meet Ronald



Empowering independence through access to health care.

Ronald, his wife and three children moved to Harrisburg two years ago when they fled persecution from their home country. The family arrived with a limited supply of medication for their son who has attention-deficit/hyperactivity disorder (ADHD) and oppositional defiant disorder (ODD). The medication is necessary for Ronald's son to have a healthy, stable life.

"We were very afraid," Ronald says. "If my son stops taking the medication his behavior issues will return."

Ronald was connected to **Contact to Care**, United Way of the Capital Region's community initiative to help increase access to health care. The program utilizes community health workers to help people navigate the health care system and find a primary medical home. Over the past six years, more than 800 people have secured insurance and nearly 1,800 people have found a primary medical home.

Through **Contact to Care**, Ronald's son was connected to a primary care physician and

child psychiatrist to secure the medication and counseling he needed. Today, Ronald's son enjoys his time at school, as well as biking and fishing.

Ronald is grateful for the support of **Contact to Care**. It has removed a heavy burden he carried over concern for his son.

"Thank you to everyone involved in this program," Ronald says. "You have no idea what you do for the families you help."

For more information, contact United Way of the Capital Region at 717.732.0700 or visit [uwcr.org](http://uwcr.org).

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