

# volunteer

## UNITED WAY OF THE CAPITAL REGION ON-SITE VOLUNTEER PROJECTS

### LIVE UNITED

On-site volunteer projects are excellent for team building, and serve to reinforce your organization's dedication to giving back to support our community. United Way of the Capital Region is pleased to provide projects in the areas of health, education, workforce development and basic needs.

- All projects can be done as employee drives.
- Many projects can also include a volunteering component.
- Projects can usually be completed in about an hour.
- Written instructions and customized flyers will be provided.
- Several projects offer the opportunity to include branded labels noting your organization's donation.

## HEALTH

### **Boo Boo Kits**

Items can be purchased in bulk (\$5-\$6/kit) or collected through an employee drive and donated as is or assembled into kits. ***Volunteer component. Branding opportunity.***

### **Dental Kits**

Items can be purchased in bulk (\$5-\$6/kit) or collected through an employee drive and donated as is or assembled into kits. ***Volunteer component. Branding opportunity.***

### **Family Health Kits**

Items can be purchased in bulk (\$15 - \$16/kit) or collected through an employee drive and donated as is or assembled into kits. ***Volunteer component. Branding opportunity.***

### **Personal Hygiene Kits**

Items can be collected through an employee drive and donated as is or assembled into kits. ***Volunteer component. Branding opportunity.***

### **Shower Kits**

Trial-size toiletries can be purchased in bulk or collected through an employee drive. Items can be donated as is or assembled into single-use shower bags. ***Volunteer component. Branding opportunity.***

## EDUCATION

### Book Drive

Collect new and gently used books through an employee drive. At the end of the book drive, volunteers can make book markers to insert into each book, sort the books by levels, pack into boxes and label. **Volunteer component. Branding opportunity.**

### Tools For Schools (School Supply) Drive

Employees can collect items for this annual school supply drive, which is held in August and September in conjunction with Day of Caring.

## WORKFORCE DEVELOPMENT

### First Impressions Kits

Collect new socks and new or gently used ties through an employee drive. Items can be assembled into kits along with notes of encouragement for recipients going on job interviews. **Volunteer component. Branding opportunity.**

## BASIC NEEDS

### Birthday Bags

Items can be purchased in bulk (\$5-\$6/bag) or collected through an employee drive. Volunteers can also decorate and assemble the bags. **Volunteer component. Branding opportunity.**

### Blanket Drive

Collect new and gently used blankets through an employee drive.

### Breakfast or Snack Bags

Items can be purchased in bulk (\$5-\$6/bag) or collected through an employee drive and donated as is or assembled into kits. **Volunteer component. Branding opportunity.**

### Coat Drive

Collect new and gently used coats (adult or child size) through an employee drive.

### Diaper Drive

Collect baby diapers through an employee drive.

### Hats, Gloves and Mittens Drive

Items can be collected through an employee drive. At the end of the drive, volunteers can sort, pack and label boxes and write notes to accompany each set collected. **Volunteer component. Branding opportunity.**

### Holiday Meal

Items can be collected through an employee drive and donated as is or assembled into a holiday "meal in a box." **Volunteer component. Branding opportunity.**

### No-Sew Fleece Blanket

Fleece frequently goes on sale, so costs vary dramatically depending upon time of year or whether you chose to do adults or childrens blankets. **Volunteer component.**

### Socks and/or Sneaker Drive

Collect new socks and sneakers (adult or child size) through an employee drive.

### Canned Soup Drive

Collect canned soup through an employee drive. **Volunteer component.**