United Way of the Capital Region and its community pilot projects are here to support you during the COVID-19 crisis. Learn more about how our pilot projects can help you with access to health care, school readiness, workforce development, and connect you to other services.

**Contact to Care** helps improve access to healthcare. Our community health workers connect people to health insurance options, medical appointments and help people overcome barriers to care including health literacy, transportation, language, housing and food. **We are available** Mondays through Fridays from 8 a.m. – 5 p.m. for referrals during the COVID-19 crisis.

**Harrisburg Area**
- Mariel Vasquez, CCHW, English/Spanish
  Phone: 717.756.5300 • E-mail: mvasquez@hamiltonhealthcenter.com
- Ana Lucia Perez, CCHW, English/Spanish
  Phone: 717.678.0556 • E-mail: aperez@hamiltonhealthcenter.com
- Sheylla Salinas, English/Spanish
  Phone: 717.678.1389 • E-mail: ssalinas@hamiltonhealthcenter.com
- Devora Damian, English/Spanish
  Phone: 717.678.1887 • E-mail: ddamian@hamiltonhealthcenter.com
- Stephanie Tighe, English
  Phone: 717.810.6541 • E-mail: tighesm@upmc.edu

**Perry County**
- Ashley Baysore
  Phone: 717.497.3852 • E-mail: abaysore@hamiltonhealthcenter.com
- Lori Rockhold
  Phone: 717.497.1598 • E-mail: lrockhold@hamiltonhealthcenter.com

**Find us on Facebook**
- Harrisburg Area: www.facebook.com/groups/contact2carehbg/
- Perry County: www.facebook.com/groups/contact2careperryco/

**Ready for School, Ready to Succeed** prepares children in Cumberland, Dauphin and Perry counties for kindergarten. Our education liaisons provide school readiness workshops for children who are not enrolled in a preschool program. **During the COVID-19 crisis, our liaisons are hosting virtual workshops on Facebook, with fun, interactive lessons.**

**Cumberland Valley School District**
- Alyson Borden
  Phone: 717.712.5482 • E-mail: edliaisoncv@gmail.com
  Facebook: www.facebook.com/groups/readyforschoolcv/

**Harrisburg School District**
- Caroline Shultz
  Phone: 717.703.1263 • E-mail: ReadyforSchool17102@gmail.com

**Fabiola Torres**
  Phone: 717.703.1263 • E-mail: harrisburgliaison@gmail.com
  Facebook: www.facebook.com/groups/readyforschoolhbg/

**Mechanicsburg School District**
- Tiffany Leidy
  Phone: 717.766.8260 • E-mail: tleidy@mbgsd.org
  Facebook: www.facebook.com/groups/readyforschoolmech/

**Newport School District/Greenwood School District**
- Dawn Clouse
  Phone: 717.275.2861 • E-mail: dawn@perryco.me
  Facebook: www.facebook.com/groups/readyforschoolnewport/

**Steelton-Highspire School District**
- Nicole Mehalick
  Phone: 717.979.7851 • E-mail: nicoleliaisonsteelton@gmail.com
  Facebook: www.facebook.com/groups/readyforschoolsteelton/

**Susquehanna Township School District**
- Jennafer Palmer
  Phone: 717.829.9009 • E-mail: jalp5517@gmail.com
  Facebook: www.facebook.com/groups/readyforschoolsusq/

**West Perry School District**
- Emma Groff
  Phone: 717.636.4646 • E-mail: Groffemma@gmail.com
  Facebook: www.facebook.com/groups/readyforschoolwp/
**ROAD TO SUCCESS**

*Road to Success* helps the un- and underemployed get – and keep - jobs where they earn a living wage. During the COVID-19 crisis, our case managers are helping their furloughed participants apply for unemployment benefits and credit payment deferments. For those working with one of our partner employers that remain open, we are still facilitating transportation and childcare assistance. We are continuing to help individuals find employment during this time through telecommunicated applications.

If you are looking for employment during the pandemic contact:

Karina Ortiz, *South Central PA Works*
Phone: 717.920.1912 • E-mail: kortiz@scpaworks.org

To learn more about *Road to Success*, join our Facebook group at www.facebook.com/groups/roadtosuccesshbg/.

---

**BASIC NEEDS**

United Way of the Capital Region supports programs and services to help vulnerable individuals and families. These programs address:

- Food insecurity
- Domestic violence shelters and legal assistance
- Homeless shelters and transitional housing
- Emergency services including food, clothing and shelter following a disaster; help with heating and utility bills, rent, medications, and transportation to help individuals get and stay employed
- Information, referrals and case management

If you need help with any of the services above, call 211, a non-emergency line that will connect you to programs based on your areas of need. You can also text your zip code to 898211 or visit www.uwp.org/211gethelp/.

---

**OTHER RESOURCES**

**UNEMPLOYMENT GUIDE**


**TAX HELP**

Need help filing your taxes? With COVID-19 stimulus checks coming soon, it's more important than ever that you file a tax return to be eligible for your check. If you haven't filed yet, try MyFreeTaxes.com – it's quick, easy and free for simple returns. Visit www.myfreetaxes.com.

**NEED HELP? CALL 211**

211 is a non-emergency line that connects individuals directly to programs and services based on areas of need. You can also text your zip code to 898211 or visit www.uwp.org/211gethelp/.

For more information on United Way of the Capital Region or its community pilot projects, visit uwcr.org.