



**UNITED WAY**  
Capital Region



# POWER OF A GIFT



**\$1 per week** - Provides 208 meals to people in need.



**\$2.50 per week** - Provides an individual in need with glasses.



**\$3 per week** - Provides 39 literacy kits with books and crafts for children participating in our school readiness program.



**\$4.50 per week** - Enables 2 individuals in urgent dental pain to see a dentist.



**\$5 per week** - Provides 48 people in need with information and referrals to resources through PA 211 services.



**\$7.50 per week** - Provides 19 people with 2 suits/dresses, a pair of shoes and a personal grooming kit to prepare them for job interviews and employment.



**\$8.70 per week** - Provides a full day of food and shelter to 9 people. This includes breakfast, lunch and dinner, the cost to mobilize and distribute a cot, two blankets and a comfort kit as well as the cost of workers providing this service.



**\$10 per week** - Provides 30 minutes of video language interpretation services for 22 non-English speaking people during appointments at one of our Access to Health Care partner health clinics.

For more information, contact United Way of the Capital Region at 717.732.0700, or visit [uwcr.org](http://uwcr.org).



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